

INTEGRATIVE HEALTH WEEK WILDCAT WELLNESS PATH

Monday, 10/5/26

5:30 - 6:30 PM

Location: Start
UA Women's Plaza



THE UNIVERSITY OF ARIZONA

Andrew Weil Center
for Integrative Medicine



COLLEGE OF HUMANITIES

Health Humanities
Hub

Join us as we make our way around campus for an evening of meditative exercises, community, and appreciation for nature.



Hosted by Upsilon Theta Sigma & The Health Humanities Hub